

BASS RIVER ROD & GUN CLUB, INC.

PO Box 29, Yarmouthport, MA 02675 ~ 508-375-9395 ~ www.bassriverrodandgun.com APRIL 2019

REMINDER: *Renewing members must send in their signed/initialed and witnessed waiver with their dues by March 31. There will be forms available for guests at all ranges.*

PRESIDENT'S NEWS: Please join me in thanking our outgoing President Steve Grindell for not only six years of dedicated service at the "head table", but also countless hours of volunteer service performed at every aspect of our fine club. Steve is the epitome of the selfless volunteerism that is the backbone of our club. THANK YOU, STEVE! I know I have some big shoes to fill, but my promise to you is that I will continue to strive to make Bass River the premier rod and gun club on Cape Cod. Volunteerism is at the "tip of the spear" for every program here at Bass River. I encourage all members to contact a Committee Chair, Officer or Director to see what opportunities are available to help out. All programs need assistance and even the smallest amount of time is greatly appreciated. As the weather gets warmer opportunities will abound. I look forward to seeing you down the range! *Incoming President Chris Whiting*

DIRECTORS MEETING: April 19. The Directors meetings are always held on the third Friday of each month at 7:30 PM. All members are encouraged to attend and share your views. The more you participate, the better your club becomes.

MONTHLY MEMBER DINNER: Member Dinners are held each month before the Directors Meeting. Social Hour begins at 6 PM and dinner is typically served by 6:30 (ish). BYOB of any kind. Reservations are required by the Tuesday preceding the dinner. To place your reservation call the Club Business line 508-375-9395 and leave your name, membership number and number attending. You will not receive a call back but will be put on the dinner list. The reservation list will be posted in the kitchen. If you are a

no-show, you will be asked to support the Club by paying for your meal.

REMEMBRANCE: A get well card went out to Bob White's mother after a broken hip. Other news is that we are seemingly healthy going into the spring. As always If you should hear of a death or illness of a member or their family, we want to reach out to them After all they are our "family". Please let me know. *Steve Noyes*

WINTER PISTOL LEAGUE: There are just two matches left in the Pistoleros league games. We have had a fun time. Looks like we may end up in either 2nd or 3 third place depending on how the last two official matches turn out. Our record as of today is 15-7. Summer league will start up in May. All matches are shot at home, so join us for a free trial when we renew our activities. *Steve Noyes*

EDUCATION: The Bass River Rod and Gun Club will be offering a NRA Home Firearms Safety Course on May 11,2019. On completion, this class will enable you to apply for your LTC. Live fire is part of the course as well as Mass Law. Please go to the Bass River Education banner on the club web page and download and fill out the application, then send in the application along with the class fee, a confirmation upon receipt, will be sent out in reply. *Steve Noyes*

INDOOR RANGE: Open Shooting Night. The Indoor Range will be open every second Wed. of the month from 6-8 PM. Open Range Night will be staffed by Club CRSOs and Instructors who will be available to give guidance and answer questions. *The CRSO Committee*

OUTDOOR RANGE: REMEMBER. You must complete Range Orientation Parts I and II to shoot at the outdoor range. All shooters must show their current membership card

General Membership Meeting/ Election April 5, 2019. Promptly at 7PM

All Ranges are Open with Range Officer Supervision. Closings due to inclement weather or unforeseen circumstances are posted on the club website.

RIFLE/PISTOL RANGE HOURS

MON-FRI 1-4 PM
SAT & SUN 10 AM-4 PM

SHOTGUN RANGE HOURS

members \$4;
non-members \$6

CLAYS:

SAT. 9 AM-1 PM;
SUN 10 AM-1 PM

TRAP:

WED. 12-3 PM;
SUN. 1-3 PM

SKEET:

THURS. 9-12; SAT 9-12;
SUN. 10-1 PM

BASS RIVER ROD & GUN CLUB SHOOTING RANGE ORIENTATION PROGRAM

In order to use the Indoor Range and the Outdoor Rifle and Pistol Ranges, Members must complete the Safe Range Orientation Program. It is in two parts. The Program is staffed by NRA Certified Chief Range Safety Officers and NRA Range Safety Officers who have been providing extra help and refresher instruction to our members. In the end, keeping the Bass River firing ranges safe is the best way to insure the continuation of the Club into the future. **You must make a reservation to take the courses. Email the Corresponding Secretary at operations@bassriverrodandgun.com to schedule.**

SAFETY ORIENTATION – PART I: INDOOR RANGE

Course is held the second Wednesday of the month at 6 PM sharp. You must arrive by 5:45 for check-in. Course will run approximately 2 hours. It is limited to 16 participants. Members may not shoot on any range until they have completed this program. Members must bring their own firearm, approximately 50 rounds of ammunition, eye and hearing protection and their current membership card.

RANGE ORIENTATION - PART II: OUTDOOR RANGE

Course runs one hour. All members who wish to use the outdoor range will have to complete both Part I and Part II. You will not be allowed to shoot at the outdoor range until you have completed both courses. All classes begin at 9AM; you need to arrive by 8:45AM for check-in. Members must bring eyes/ears/ favorite firearm, 15 rounds of ammunition and their current membership card. 2019 schedule: May 11, June 15, July 13, Aug 17, Sept 14, Oct 12, Nov 16.

If you need assistance, we offer the **NRA HOME FIREARMS SAFETY COURSE** and every second Wednesday of each month the indoor range is open for training assistance in both safe gun handling and basic marksmanship. Please see the calendar and/or website for more information.

and photo ID before signing in to shoot. All members and guests must sign in before shooting.

KEY FOBS: Key fobs have replaced the metal keys to utilize the clubhouse/indoor range. If you have not replaced your key with the fob, I will be distributing them at 6 PM on Open Shoot Wednesdays. *Chris Whiting*

GOAL: You may have heard that the Connecticut Supreme Court ruled that Remington Firearms can now be sued by the families of the Sandy Hook shooting, for the firearms Remington manufactures. This action is bound to be appealed but does not hold well for the firearms industry or any manufacturer of any product. Where is the personnel responsibility for persons own actions in any event that they take part in. Watch the news and watch your town meeting warrants. Further information at GOAL.ORG. GOAL is your front line on gun legislation. JOIN TODAY! *Steve Noyes*

IDPA (International Defensive Pistol Association): A sport using concealed handguns to solve self defense scenarios on the range. We shoot the third Sunday of the month

weather permitting with setup the Saturday before @ 2PM. Thanks to Brian Wilson we had a great indoor match on March 3rd and our first outside match of the year March 17th both were great fun for all. Sorry no match in April because of Easter so we will see you again May 19th. Grab your gear and come on down or if you have never shot in a match and are interested consider attending the class on April 28th so you will be ready to shoot in May. I hope to see you then. *Steve Grindell*

LEARN TO SHOOT IDPA CLASS! We will hold a learn to shoot IDPA/USPSA/STEEL class 9AM Sunday April 28th at the clubhouse. Any member or guest that is interested in learning to shoot any of the action sports without having to shoot in a match SHOULD take this class. We will cover the basic rules of match shooting, what to expect at your first match, work with SIRT training guns till everyone is comfortable and safe then shoot some stages in the indoor range. All you need is a pistol, strong side outside the waistband holster (kydex is best) & a box or two of ammo. If you don't have something ask and we can provide some equipment. The cost of this class is

only \$10.00 and we will provide the SIRT laser training guns, targets, & NRA certified instructors/IDPA safety officers. To register for this class or if you have any questions please email me at: 1953chevy@msn.com. *Steve Grindell*

TACTICAL SHOTGUN MATCH - JUNE 30, 2019: There will be more information on the website and in the newsletter as we get closer. *Steve Noyes*

NO DUMPING! There is to be no dumping of any kind at the club. If you see someone dumping, please try to get a license plate #. Do not confront them. Contact John O'Connor. 385-8794.

CAN TABS: Please leave them in the clubhouse and we will pass them on. *Cheryl Cerbone*

ALL COMMITTEE CHAIRS: Please provide information about your committee promptly. Deadline is Sunday after the Board of Directors Meeting. *Cheryl Cerbone, operations@bassriverrodandgun.com*

All members must carry their CURRENT Membership Cards while on the property. Do not allow anyone to enter unless you have viewed a current membership card. Please read and follow the range rules that are posted at the indoor and outdoor ranges. The Board of Directors may suspend or expel any member of the club who does not comply with the posted range safety rules. If you need further clarification of these rules, please contact Chris Whiting, Steve Noyes or John Vanderhoef.

Bass River Rod & Gun Club

General Meeting/Election

April 5, 2019

7PM



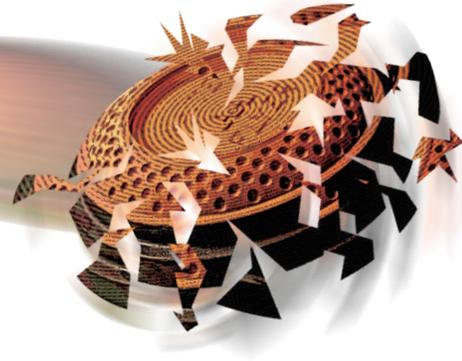
doors close at 7; please arrive by 6:45

you must be a current 2019-2020
member to vote.

The last meeting before our annual meeting is always bittersweet... This year we said a fond goodbye and a heartfelt thank you to our outgoing president, Steve Grindell and our resident chef Julie Robillard. Steve was presented with a great new gun and Julie received a beautiful orchid (which she says is her favorite plant). You'll still see them both at the club and on the ranges - they won't get away that easily :-)



Get started on your journey of improving your game, at an OSP Shooting School Clinic:



Bass River Rod & Gun Club Yarmouth Port MA July 10 - 12, 2019

As a team, Vicki, Gil and Brian Ash are unbeatable!



OSP Shooting School is the best choice for shooters who want to improve their consistency and performance. We are so confident our teaching methods will make you a better shooter, *we guarantee it!*

Clinics are \$525.00/day.

Sign up for 2 days of instruction at least 30 days in advance and receive a *free* set of Pro Ears “Predator Gold” electronic ear muffs *or* a discounted one-year subscription to OSP Knowledge Vault.

Call Becky at 800.838.7533 to register today!

www.ospschool.com



BECAUSE IT WORKS!

DO YOU LIKE TO COOK?



The Club is in need of a volunteer to take over managing the monthly dinners. We have a system in place so the number of dinners prepared each time is fairly accurately estimated. We usually have between 20 and 35 members attend.

Please contact Chris Whiting if you are interested in this position for more information.

Shotgun Skills: Are You Cross-Dominant?

by Brad Fitzpatrick, NRA Blog



My wife is an accomplished athlete. She played point guard on her college basketball team and set the school record for the most three-point shots during her collegiate career. She's quick to learn any new sport and generally excels very quickly. That is, with one exception—shooting.

Despite being an outdoorswoman my wife had never fired a gun before we met. I assumed that since she was so adept at virtually every other athletic endeavor she'd be a natural shooter, but I was wrong. In fact, when she started trying to shoot she was kind of...terrible. I felt like I'd been a little premature in buying her a shotgun so we could shoot clay targets together, but her level of frustration was so high that I was pretty sure that the new over/under (a nice one, too) might be headed to the bottom of a lake. I tried my best to coach her through her misses.

"Keep both eyes open and bring the bead up to the target," I said.

"But I see two beads!"

"That makes no sense," I said. "Just focus on the target."

Miss.

"Did you focus on the target?"

Dirty glance.

Miss.

Miss.

Things were getting out of control. Externally I was calm, trying to coach her through the misses with the anticipation of a breakthrough at any minute. Internally I was wondering how she could possibly be this terrible at shooting and was trying to remember where I'd put the receipt of payment so I could return that shotgun.

Then it dawned on me. At some point during some shooting class I'd attended there was a discussion about something known as cross-dominance. What I remembered about cross dominance is that it affected shooters whose dominant eye differed from their dominant hand, and since I didn't have that dilemma I didn't pay careful attention to the discussion.

I had a plan. I asked my wife to perform a very simple test. She pointed at an object in the distance (the base of a dead tree, if memory serves) with one finger, held the finger in position, then closed both eyes one at a time. When she closed her left eye the object and its relative position to her finger stayed the same. When she closed her right eye, however, the relative position of her finger moved and she was no longer pointing at the tree. Her struggles were a result of the fact that she was a right-handed, left eye-dominant shooter. In other words, she was cross dominant.

“Before I realized I was cross-dominant shooting was frustrating,” says my wife Bethany. “You were telling me one thing and I was seeing something totally different. Once I realized what the problem was shooting became much more enjoyable and much easier.”

She would probably also like to add that she’s now capable of breaking as many clays on a target course as her husband. At the very least our trips to the shooting range have become much, much more enjoyable.

How Eye Dominance Works

Humans have binocular vision and special neurons in the brain’s visual cortex are tasked with giving preference to the dominant eye when looking at an object like a gun sight. If this didn’t occur we would constantly see the same object from two different angles. These neurons work so seamlessly that most people never even know the brain is giving preference to just one eye—until they try to perform a task like shooting a clay target. According to most studies women are far more prone to cross-dominance than men. Very few people fall into the category of “mixed ocular dominance,” a situation in which neither eye shows a strong dominant tendency.

Testing for Eye Dominance

There are several ways to quickly test for eye dominance. You can, as described above, find a distant objects and raise a finger or thumb to point directly at that object. Close one eye and then the other. In most cases your finger will remain pointed at the object when your dominant eye is left open. When your non-dominant eye is open, your finger position will appear to move away from the object.

The other option is to overlap your hands so that the space between your thumbs and fingers creates a triangle around a distant object like a clock that’s mounted on the other side of the room. The object should stay in the middle of the triangle you’ve created with your hands when the dominant eye is open. When the non-dominant eye is open the object will be out of sight. In some instances the object will not be centered with either eye—an indication of mixed dominance.

What You Can Do About It

There are a couple solutions to dealing with cross-dominance as a shooter. First, you can close your dominant eye when you shoot. This isn’t ideal, though, since you’ll have to remember to close that eye every time you shoot and you’ll limit your peripheral vision and situational awareness, which isn’t ideal.

Another option is to block the dominant eye by wearing glasses and covering (with tape or some other object) the lens of the dominant eye. This allows you to keep both eyes open but it requires you to shoot with glasses in place every time (which is not a problem in most target-shooting situations, but can be limiting in self-defense scenarios).

Lastly, you can learn to shoot with your weak hand. This may seem extreme, but there are a number of shooters who have trained themselves to shoot with their weak-side hand quite effectively. Which of these three options you choose is up to you, and your level of eye dominance will also impact which method works best for you. My wife opts to shoot left-handed, and she has become quite good. And once she started breaking one clay target after another she was no longer frustrated—and no longer ready to give up shooting altogether.

SAVE THE DATE!

All-Club Clean Up Day!



May 4, 2019
8AM-NOON



Bring gloves, rakes, loppers
and  whatever else you want to
help make **YOUR** club look good!

Sign in at the clubhouse and we'll give you a project.
Great opportunity to work off probationary hours.

April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
March 31 Skeet 10-1 Clays 10-1 Trap1-3	April 1 Pistol League 7PM	2 Archery 6-7PM	3 Wed. Workers 8AM-Noon Trap 12-3PM Finance/LTP Meetings 6PM	4 Skeet 9-12 NRA Juniors Small Bore Rifle 5PM Indoor Range Pistol Team Practice 7-9pm	5 ANNUAL MEETING/ ELECTION 7PM ALL ARE WELCOME	6 Clays 9-1 Skeet 9-12
7 Skeet 10-1 Clays 10-1 Trap1-3 IPSC Match 9AM-2PM Outdoor range closed	8	9	10 Wed. Workers 8AM-Noon Trap 12-3PM Indoor Range Orientation/ "Open Shoot" 6-8PM	11 Skeet 9-12 NRA Juniors Small Bore Rifle 5PM Indoor Range Pistol Team Practice 7-9pm	12	13 Clays 9-1 Skeet 9-12
14 Skeet 10-1 Clays 10-1 Trap1-3  Holy Week	15  PATRIOT DAY <small>shutterstock - 694880488</small>	16 Archery 6-7PM Last day to call club line for Fri. dinner reservations	17 Wed. Workers Indoor range closed for cleaning 8AM-Noon Trap 12-3PM	18 Skeet 9-12 NRA Juniors Small Bore Rifle 5PM Indoor Range Pistol Team Practice 7-9pm	19 Dinner/Social Board meeting 7:30PM  PASSOVER	20 Clays 9-1 Skeet 9-12
21  EASTER ALL OUTDOOR RANGES CLOSED	22	23	24 Wed. Workers 8AM-Noon Trap 12-3PM	25 Skeet 9-12 NRA Juniors Small Bore Rifle 5PM Indoor Range Pistol Team Practice 7-9pm	26	27 Clays 9-1 Skeet 9-12
28 Skeet 10-1 Clays 10-1 Trap1-3 "Learn IDPA/ Action/Steel Course". Contact Steve Grindell 7371696	29	30 Archery 6-7PM	May 1 Wed. Workers 8AM-Noon Trap 12-3PM Finance/LTP Meetings 6PM	2 Skeet 9-12 NRA Juniors Small Bore Rifle 5PM Indoor Range Pistol Team Practice 7-9pm	3	4 ALL-CLUB CLEANUP DAY 8AM-NOON Clays 9-1 Skeet 9-12

**OUTDOOR RIFLE/PISTOL RANGE CLOSED 2:30pm SATURDAYS BEFORE IDPA, IPSC MATCHES
 CLOSED 3pm WEDNESDAYS BEFORE STEEL MATCHES**